

IAFISIYON

Adhyāya: 1 2 3 4 5 6

ADHYĀYA 1

paulus kee or se jo parameshvar kee ichchha se yeeshu maseeh ka praearit haai, un paavitra aur maseeh yeeshu men vishvasee logon ke nam jo ifisus men haain..

2 hamare pita parameshvar aur prabhu yeeshu maseeh kee or se tumhen anugrah aur shaaantai milatee rahe..

3 hamare prabhu yeeshu maseeh ke parameshvar aur pita ka dhanyavad ho, ki us ne hamen maseeh men svargeey sthanon men sab prakar kee ashaeesh dee haai.

4 jaaisa us ne hamen jagat kee utpaati se pahile us men chun liya, ki ham usake nikatt praem men pavitra aur nirdosh hon.

5 aur apanee ichchha kee sumati ke anusar hamen apane liye paahile se ttharaya, ki yeeshu maseeh ke dara ham usake lepalak putra ho,

6 ki usake us anugrah kee mahima kee stuti ho, jise us ne hamen us pyare men sent ment diya.

7 ham ko us men usake lohoo ke dara chhutkara, arthata aparadhaen kee kshama, usake us anugrah ke dhan ke anusar mila haai.

8 jise us ne sare gyaan aur samajh sahit ham par bahutayat se kiya.

9 ki us ne apanee ichchha ka bhed us sumaati ke anusar hamen bataya jise us ne apane ap men ttan liya tha.

10 ki samayon ke poore hone ka aeesa prabandha ho ki jo kuchh svarga men haai, aur jo kuchh prathvee par haai, sab kuchh vah maseeh men aekatra kare.

11 usee men jis men ham bhee usee kee manasa se jo apanee ichchha ke mat ke anusar sab kuchh karata haai, pahile se ttharaae jakar meeras bane.

12 ki ham jinon ne pahile se maseeh par asha rakhee thee, us kee mahima kee stuti ke karan hon.

13 aur usee men tum par bhee jab tum ne saty ka vachan suna, jo tumhare uddhar ka susamachar haai, aur jis par tum ne vishvas kiya, praatigya kiae huae paavitra atma kee chhap lagee.

14 vah usake mol liae huon ke chhutkare ke liye hamaree meeras ka bayana haai, ki us kee mahima kee stuti ho..

15 is kara, maain bhee us vishvas ka samachar sunakar jo tum logon men prabhu yeeshu par haai aur sab paavitra logon par pragatt haai.

16 tumhare liye dhanyavad karana naheen chhodta, aur apanee praarthnaon men tumhen smaran kiya karata hoon.

17 ki hamare prabhu yeeshu maseeh ka parameshvar jo maahima ka pita haai, tumhen

apanee pahachan me, gyaan aur prakash ka atma de.

18 aur tumhare man kee ankhen jyotirmay hon ki tum jan lo ki usake bulane se kaaisee asha hotee haai, aur paavitra logon men us kee meeras kee maahima ka dhan kaaisa haai.

19 aur us kee samarth hamaree or jo vishvas karate haai, kitaneet mahan haai, s kee shaaktai ke prabhav ke us kayrya ke anusara.

20 jo us ne maseeh ke vishay men kiya, ki us ko mare huon men se jilakar svargeey sthanon men apanee dahinee ora.

21 sab prakar kee pradhaanata, aur adhaikar, aur samarth, aur prabhuta ke, aur har aek nam ke upar, jo n keval is lok me, par anevale lok men bhee liya jaaega, baaittaya.

22 aur sab kuchh usake panvon tale kar diya: aur use sab vastuon par shairomanai ttharakar kaleesiya ko de diya.

23 yah usakee deh haai, aur usee kee paaripoornta haai, jo sab men sab kuchh poorn karata haai..

ADHYĀYA 2

aur us ne tumhen bhee jilaya, jo apane aparadhaen aur papon ke karan mare huae the.

2 jin men tum pahile is sansar kee reeati par, aur akash ke aadhaikar ke haakim arthata us atma ke anusar chalate the, jo ab bhee agyaa n mananevalon men kayrya karata haai.

3 in men ham bhee sab ke sab paahile apane shareer kee lalasaon men din bitate the, aur shareer, aur man kee manasaaen pooree karate the, aur aur logon ke saman svabhav hee se krodha kee santan the.

4 parantu parameshvar ne jo daya ka dhanee haai apane us bade praem ke kara, jis se us ne ham se praem kiya.

5 jab ham aparadhaen ke karan mare huae the, to hamen maseeh ke sath jilaya anugrah hee se tumhara uddhar hua haai.

6 aur maseeh yeeshu men usake sath uttaya, aur svargeey sthanon men usake sath baaittaya.

7 ki vah apanee us krapa se jo maseeh yeeshu men ham par haai, anevale samayon men apane anugrah ka aseem dhan dikhaae.

8 kyonaki vishvas ke dara anugrah hee se tumhara uddhar hua haai, aur yah tumharee or se nahee, baran parameshvar ka dan haai.

9 aur n karmon ke kara, aeesa n ho ki koi ghamand kare.

10 kyonaki ham usake banaae huae haain aur maseeh yeeshu men un bhle kamon ke liye sraje gaae jinhen parameshvar ne pahile se hamare karane ke liye taaiyar kiya..

11 is karan smaran karo, ki tum jo shaareerik reeti se anyajaati ho, aur jo log shareer men hath ke kiae huae khtane se khtanavale kahalate haai, ve tum ko khtanaraahit kahate haain.

12 tum log us samay maseeh se alag aur israae kee praja ke pad se alag kiae hua, aur pratigya kee vachaon ke bhagee n the, aur ashaaheen aur jagat men ishvararaahit the.

13 par ab to maseeh yeeshu men tum jo paahile door the, maseeh ke lohoo ke dara nikatt ho gaae ho.

14 kyonaki vahee hamara mel haai, jis ne donon ko aek kar liya: aur alag karaneval deeval ko jo beech men thee, ddha diya.

15 aur apane shareer men baair arthata vah vyavastha jis kee agyaaaen vidhaiyon kee

reeati par thee, mitta diya, ki donon se apane men aek naya manushy utpann karake mel kara de.

16 aur kroos par baair ko nash karake is ke dara danon ko aek deh banakar parameshvar se milaae.

17 aur us ne akar tumhen jo door the, aur unhen jo nikatt the, danon ko mela-milap ka susamachar sunaya.

18 kyonaki us hee ke dara ham danon kee aek atma men pita ke pas panhuch hotee haai.

19 isaliye tum ab videshaee aur musaafir naheen rahe, parantu paavitra logon ke sangee svadeshaee aur parameshvar ke gharane ke ho gaae.

20 aur praeriton aur bhavishyadvktaon kee nev par jis ke kone ka patthr maseeh yeeshu ap hee haai, banaae gaae ho.

21 jis men saree rachana aek sath milakar prabhu men aek paavitra maandair banatee jatee haai.

22 jis men tum bhee atma ke dara parameshvar ka nivasasthan hone ke liye aek sath banaae jate ho..

ADHYĀYA 3

1 isee karan maain paulus jo tum anyajatiyon ke liye maseeh yeeshu ka bandhaua hoon

2 yaadi tum ne parameshvar ke us anugrah ke prabandha ka samachar suna ho, jo tumhare liye mujhe diya gaya.

3 arthata yah, ki vah bhed mujh par prakash ke dara pragatt hua, jaaisa maain pahile sankshop men likh chuka hoon.

4 jis se tum paddhkar jan sakate ho, ki maain maseeh ka vah bhed kahan tak samajhta hoon.

5 jo aur aur samayon men manushyon kee santanon ko aeesa naheen bataya gaya tha, jaaisa ki atma ke dara ab usake paavitra praariton aur bhavishyadvktaon par pragatt kiya gaya haain.

6 arthata yah, ki maseeh yeeshu men susamachar ke dara anyajateey lag meeras men sajhee, aur aek hee deh ke aur pratigya ke bhagee haain.

7 aur maain parameshvar ke anugrah ke us dan ke anusar, jo samarth ke prabhav ke anusar mujhe diya gaya, us susamachar ka sevak bana.

8 mujh par jo sab paavitra logon men se chhotte se bhee chhotta hoo, yah anugrah hua, ki maain anyajatiyon ko maseeh ke agamy dhan ka susamachar sunaun.

9 aur sab par yah bat prakashait karo, ki us bhed ka prabandha kya haai, jo sab ke srajanahar parameshvar men adi se gupt tha.

10 taaki ab kaleesiya ke dara, parameshvar ka nana prakar ka gyaan, un pradhaanon aur adhaikaariyon par, jo svargeey sthanon men haain pragatt kiya jaae.

11 us sanatan manasa ke anusar, jo us ne hamare prabhu maseeh yeeshu men kee theen.

12 jis men ham ko us par vishvas rakhne se hiyav aur bhrose se nikatt ane ka adhaikar haai.

13 isaliye maain binatee karata hoon ki jo klesh tumhare liye mujhe ho rahe haai, unake karan hiyav n chhodo, kyonki un men tumharee maahima haai..

14 maain isee karan us pita ke samhane ghauttne ttekata hoo,

15 jis se svarga aur prathvee par, har aek gharane ka nam rakha jata haai.

16 ki vah apanee mahima ke dhan ke anusar tumhen yah dan de, ki tum usake atma se apane bheetaree manushyatv men samarth pakar balavant hote jao.

17 aur vishvas ke dara maseeh tumhare day men base ki tum praem men jad pakadkar aur nev dal kara.

18 sab paavitra lagon ke sath bhlee bhanti samajhne kee shaaktai pao ki usakee chaudai, aur lambai, aur unchai, aur gaharai kitane haai.

19 aur maseeh ke us praem ko jan sako jo gyaan se pare haai, ki tum parameshvar kee saree bhrapooree tak paaripoorn ho jao..

20 ab jo aeesa samarthee haai, ki hamaree binatee aur samajh se kaheen adhaik kam kar sakata haai, us samarth ke anusar jo ham men kayra karata haai,

21 kaleesiya me, aur maseeh yeeshu me, us kee mahima peeddhee se peeddhee tak yuganuyug hotee rahe. ameena..

ADHYĀYA 4

So maain jo prabhu men bandhua hoon tum se binatee karata hoo, ki jis bulahatt se tum bulaae gaae the, usake yogy chal chalo.

2 arthata saree deenata aur namrata sahit, aur dhaeरaj dharakar praem se aek doosare ko sah lo.

3 aur mel ke bandha men atma kee aekata rakhne ka yatn karo.

4 aek hee deh haai, aur aek hee atma jaaise tumhen jo bulaae gaae the apane bulaae jane se aek hee asha haai.

5 aek hee prabhu haai, aek hee vishvas, aek hee baptism.

6 aur sab ka aek hee parameshvar aur pita haai, jo sab ke upar aur sab ke madhy me, aur sab men haai.

7 par ham men se har aek ko maseeh ke dan ke pariman se anugrah mila haai.

8 isaliye vah kahata haai, ki vah unche par chaddha, aur bandhauvai ko bandha le gaya, aur manushyon ko dan diae.

9 usake chaddhne se, aur kya paya jata haai keval yah, ki vah prathvee kee nichalee jagahon men utara bhee tha.

10 aur jo utar gaya yah vahee haai jo sare akash ke upar chaddh bhee gaya, ki sab kuchh paripoorn kare.

11 aur us ne kitanon ko bhvishyadvkata niyukt karake, aur kitanon ko susamachar sunanevale niyukt karake, aur kitanon ko rakhvale aur upadeshak niyukt karake de diya.

12 jis se pavitra log siddh jo jaae, aur seva ka kam kiya jaa, aur maseeh kee deh unnati paae.

13 jab tak ki ham sab ke sab vishvas, aur parameshvar ke putra kee pahichan men aek n ho jaae, aur aek siddh manushy n ban jaaen aur maseeh ke poore deel daul tak n baddh jaaen.

14 taaki ham age ko balak n rahe, jo manushyon kee ttga-avidha aur chaturai se un ke bhram kee yuktaiyon kee, aur upadesh kee, har aek bayar se uchhale, aur idhara-udhar ghaumaae jate hon.

15 baran praem men sachchai se chalate hua, sab baton men us men ja sir haai, arthata maseeh men baddhte jaaen.

16 jis se saree deh har aek jod kee sahayata se aek sath milakar, aur aek sath gattkar us prabhav ke anusar jo har aek bhag ke pariman se us men hata haai, apane ap ko

baddhatee haai, ki vah praem men unnaati karatee jaae..

17 isaliye maain yah kahata hoo, aur prabhu men jataae deta hoon ki jaaise anyajateey log apane man kee anarth kee reeti par chalate haai, tum ab se fir aeesee n chalo.

18 kyonaki unakee buddh iandhoree ho gai haai aur us agyaanata ke karan jo un men haai aur unake man kee kattorata ke karan ve parameshvar ke jeevan se alag kiae huae haain.

19 aur ve sunn hokar, luchapan men lag gaae haai, ki sab prakar ke gande kam lalasa se kiya karen.

20 par tum ne maseeh kee aeesee shaiksha naheen pai.

21 baran tum ne sachamuch usee kee sunee, aur jaaisa yeeshu me saty haai, usee men sikhaae bhee gaae.

22 ki tum agale chalachalan ke purane manushyatv ko jo bhramanevalee abhailashaaon ke anusar bhrashtt hota jata haai, utar dalo.

23 aur apane man ke aatmaik svabhav men naye banate jao.

24 aur naye manushyatv ko pahin lo, jo parameshvar ke anusar saty kee dhaarmikata, aur pavitrata men sraja gaya haai..

25 is karan joott bolana chhodkar har aek apane padosee se sach bole, kyonaki ham apas men aek doosare ke ang haain.

26 krodha to karo, par pap mat karo: soorya ast hone tak tumhara krodha n rahe.

27 aur n shautan ko avasar do.

28 choree karanevala fir choree n kare baran bhle kam karane men apane hathon se parishram kare isaaliye ki jise prayojan ho, use dene ko usake pas kuchh ho.

29 koi gandee bat tumhare munh se n nikale, par avashyakata ke anusar vahee jo unnati ke liye uttm ho, taki us se sunanevalon par anugrah ho.

30 aur parameshvar ke paavitra atma ko shaekit mat karo, jis se tum par chhuttkare ke din ke liye chhap dee gai haai.

31 sab prakar kee kadvahatt aur prakop aur krodha, aur kalah, aur ninda sab baairabhav samet tum se door kee jaae.

32 aur aek doosare par krapal, aur karoona may ho, aur jaaise parameshvar ne maseeh men tumhare aparadha kshama kia, vaaise hee tum bhee aek doosare ke aparadha kshama karo..

ADHYĀYA 5

isaliye piry, balakon kee nai parameshvar ke sadrash bano.

2 aur praem men chalo jaaise maseeh ne bhee tum se praem kiya aur hamare liye apane ap ko sukhdayak sugandha ke liye parameshvar ke age bhentt karake baalidan kar diya.

3 aur jaaisa paavitra lagon ke yogy haai, vaaisa tu men vyaabhaichar, aur kisee prakar ashuddh kam, ya lobh kee charcha tak n ho.

4 aur n nirlajjata, n mooddhta kee batacheet kee, n ttthe kee, kyonaki ye baten sohatee nahee, baran dhanyavad hee suna jaaen.

5 kyonaki tum yah janate ho, ki kisee vyabhaicharee, ya ashuddh jan, ya lobhee manushy kee, jo moorat poojanevale ke barabar haai, maseeh aur parameshvar ke rajy men meeras naheen.

6 koi tumhen vyarth baton se dhaekha n de kyonki in hee kamon ke karan parameshvar ka krodha agyaa ne mananevalon par bhdkata haai.

- 7** isaliye tum un ke sahabhagee n ho.
- 8** kyonaki tum to pahale andhakar the parantu ab prabhu men jyoti ho, so jyoti kee santan kee nai chalo.
- 9** kyonaki jyonti ka fal sab prakar kee bhlai, aur dhaarmikata, aur saty haai.
- 10** aur yah parakho, ki prabhu ko kya bhata haai?
- 11** aur andhakar ke nishfal kamon men sahabhagee n ho, baran un par ulahana do.
- 12** kyonaki un ke gupt kamon kee charcha bhee laj kee bat haai.
- 13** par jitane kamon par ulahana diya jata haai ve sab jyoti se pragatt hote haai, kyonki jo sab kuchh ko pragatt karata haai, vah jyonti haai.
- 14** is karan vah kahata haai, he sonevale jag aur murdon men se jee utt to maseeh kee jyoti tujh par chamakegee..
- 15** isaliye dhyan se dekho, ki kaaisee chal chalate ho nirbuaddhyaien kee nain naheen par buaddhmaianon kee nain chalo.
- 16** aur avasar ko bahumol samajho, kyonaki din bure haain.
- 17** is karan nirbuaddh in ho, par dhyan se samajho, ki prabhu kee ichchha kya haai?
- 18** aur dakhras se matavale n bano, kyonki is se luchapar hota haai, par atma se paripoorn hote jao.
- 19** aur apas men bhjan aur stutigan auraatmaik geet gaya karo, aur apane apane man men prabhu ke samhane gate aur keertan karate raho.
- 20** aur sada sab baton ke liye hamare prabhu yeeshu maseeh ke nam se parameshvar pita ka dhanyavad karate raho.
- 21** aur maseeh ke bhy se aek doosare ke adhaeen raho..
- 22** he paatnaiyo, apane apane pati ke aese adhaeen raho, jaaise prabhu ke.
- 23** kyonaki pati patnee ka sir haai jaaise ki maseeh kaleesiya ka sir haai aur ap hee deh ka uddharakarta haai.
- 24** par jaaise kaleesiya masahee ke adhaeen haai, vaaise hee patnaiyan bhee har bat men apane apane paati ke adhaeen rahan.
- 25** he paatiyo, apanee apanee patnee se praem rakho, jaaisa maseeh ne bhee kaleesiya se praem karake apane ap ko usake liye de diya.
- 26** ki us ko vachan ke dara jal ke snan se shuuddh karake pavitra banaae.
- 27** aur use aek aeesee tejasvee kaleesiya banakar apane mas khdee kare, jis men n kalank, n jhurree, n koi aeesee vastu ho, baran pavitra aur nirdosh ho.
- 28** isee prakar uchit haai, ki pati apanee apanee patnee se praem rakhta haai, vah apane ap se praem rakhta haai.
- 29** kyonaki kisee ne kabhee apane shareer se baair naheen rakha baran usaka palana-poshan karata haai, jaaisa maseeh bhee kaleesiya ke sath karata haai
- 30** isaliye ki ham us kee deh ke ang haain.
- 31** is karan manushy mata pita ko chhodkar apanee patnee se mila rahega, aur ve donon aek tan honge.
- 32** yah bhed to bada haai par maain maseeh aur kaleesiya ke vishay men kahata hoon.
- 33** par tum men se har aek apanee patnee se apane saman praem rakhe, aur patnee bhee apane pati ka bhy mane..

ADHYĀYA 6

he balako, prabhu men apane mata pita ke agyaakaree bano, kyonaki yah uchit haai.

2 apanee mata aur pita ka adar kar yah paahilee agyaa haai, jis ke sath pratigya bhee haai.

3 ki tera bhla ho, aur too dharatee par bahut din jeevit rahe.

4 aur he bachchevalon apane bachchon ko ris n dilao parantu prabhu kee shaiksha, aur chitavanee dete hua, un ka palana-poshan karo..

5 he daso, jo log shareer ke anusar tumhare svamee haai, apane man kee seedhaai se drate, aur kanpate hua, jaaise maseeh kee, vaaise hee un kee bhee agyaa mano.

6 aur manushyon ko prasann karanevalon kee nai dikhane ke liye seva n karo, par maseeh ke dason kee nai man se parameshvar kee ichchha par chalo.

7 aur us seva ko manushyon kee nahee, parantu prabhu kee janakar suichchha se karo.

8 kyonaki tum janate ho, ki jo koi jaaisa achchha kam karega, chahe das ho, chahe svatantra prabhu se vaaisa hee paaega.

9 aur he svamiyo, tum bhee dhamaakiyan chhodkar un ke sath vaaisa hee vyavahar karo, kyonaki janate ho, ki un ka aur tumhara danon ka svamee svarga men haai, aur vah kisee ka paksha naheen karata..

10 nidan, prabhu men aur us kee shaaktai men balavant bano.

11 parameshvar ke sare hathaiyar bandha lo ki tum shautan kee yuaktaiyon ke samhane khde rah sako.

12 kyonaki hamara yah mallayudd, lohoo aur mans se nahee, parantu pradhaanon se aur adhaikaariyon se, aur is sansar ke andhakar ke hakimon se, aur us dushtta kee atmaik senaon se haai jo akash men haain.

13 isaliye parameshvar ke sare hathaiyar bandha lo, ki tum bure din men samhana kar sako, aur sab kuchh poora karake sthiar rah sako.

14 so saty se apnee kamar kasakar, aur dhaarmekata kee jhlaim pahin kara.

15 aur panvon men mel ke susamachar kee taaiyaree ke joote paahin kara.

16 aur un sab ke sath vishvas kee ddhal lekar sthiar raho jis se tum us dushtt ke sab jalate huae teeron ko bujha sako.

17 aur uddhar ka ttop, aur atma kee talavar jo parameshvar ka vachan haai, le lo.

18 aur har samay aur har prakar se atma men praarthna, aur binatee karate raho, aur isee liye jagate raho, ki sab pavitra logon ke liye lagatar binatee kiya karo.

19 aur mere liye bhee, ki mujhe bolane ke samay aeesa prabal vachan diya jaa, ki maain hiyav se susamachar ka bhed bata sakoon jis ke liye maain janjeer se jakada hua rajadoot hoon.

20 aur yah bhee ki maain us ke vishay men jaaisa mujhe chahiae hiyav se boloon..

21 aur tuakhaikus jo piry bhai aur prabhu men vishvasayogy sevak haai tumhen sab baten bataaega, ki tum bhee meree dasha janoo ki maain kaaisa rahata hoon.

22 use maain ne tumhare pas isee liye bheja haai, ki tum hamaree dasha janoo, aur vah tumhare manon ko shaaantai de..

23 parameshvar pita aur prabhu yeeshu maseeh kee or se bhaiyon ko shaaantai aur vishvas sahit praem mile.

24 jo hamare prabhu yeeshu maseeh se sachcha praem rakhte haai, un sab par anugrah hota rahe..