

1 PATARAS

Adhyāya: **1** 2 3 4 5

ADHYĀYA 1

pataras kee or se jo yeeshu maseeh ka praerit haai, un paradeashaiyon ke nam, jo puntus, galatiya, kappadukiya, aasiya, aur bithuaniya men tittr bittr hokar rahate haain.

² aur parameshvar pita ke bhavishy gyaan ke anusar, atma ke pavitra karane ke dara agyaa manane, aur yeeshu maseeh ke lohoo ke chhdike jane ke liye chune gaae haain. tumhen atyant anugrah aur shaaantai milatee rahe..

³ hamare prabhu yeeshu maseeh ke parameshvar aur pita ka dhanyavad do, jis ne yeeshu maseeh ko mare huon men se jee uttne ke dara, apanee badee daya se hamen jeeavit asha ke liye naya janm diya.

⁴ arthata aek aavinashae aur nirmal, aur ajar meeras ke liye.

⁵ jo tumhare liye svarga men rakhee haai, jin kee raksha parameshvar kee samarth se, vishvas ke dara us uddhar ke liye, jo anevale samay men pragatt honevalee haai, kee jatee haai.

⁶ aur is karan tum magan hote ho, yadhyapi avashy haai ki ab kuchh din tak nana prakar kee pareekshaaon ke karan udas ho.

⁷ aur yah isaliye haai ki tumhara parakha hua vishvas, jo ag se taae huae nashaman sone se bhee kahee, adhaik bahumooly haai, yeeshu maseeh ke pragatt hone par prashansa, aur mahima, aur adar ka karan tthare.

⁸ us se tum bin dekhe praem rakhte ho, aur ab to us par bin dekhe bhee vishvas karake aeese anandait aur magan hote ho, jo varnn se bahar aur mahima se bhra hua haai.

⁹ aur apane vishvas ka pratifal arthata atmaon ka uddhar praapt karate ho.

¹⁰ isee uddhar ke vishay men un bhavishyadvktaon ne bahut ddoonddh-ddhanddh aur jancha-padtal kee, jinhon ne us anugrah ke vishay men jo tum par hone ko tha, bhvishyadane kee thee.

¹¹ unhon ne is bat kee khoj kee ki maseeh ka atma jo un men tha, aur paahile hee se maseeh ke dukhon kee aur un ke bad honevalee mahima kee gavahee deta tha, vah kaun se aur kaaise samay kee or sanket karata tha.

¹² un par yah pragatt kiya gaya, ki ve apanee naheen baran tumharee seva ke liye ye baten kaha karate the, jin ka samachar ab tumhen un ke dara mila jinhon ne pavitra atma ke dara jo svarga se bheja gaya: tumhen susamachar sunaya, aur in baton ko svargadoot bhee dhyan se dekhne kee lalasa rakhte haain..

¹³ is karan apanee apanee buddh ikee kamar bandhakar, aur sachet rahakar us anugrah kee pooree asha rakho, jo yeeshu maseeh ke pragatt hone ke samay tumhen milanevala haai.

¹⁴ aur agyaakaree balakon kee nai apanee agyaanata ke samay kee puranee

aabhailashaaon ke sadrash n bano.

¹⁵ par jaaisa tumhara bulanevala pavitra haai, vaaise hee tum bhee apane sare chal chalan men pavitra bano.

¹⁶ kyonaki likha haai, ki pavitra bano, kyonki maain paavitra hoon.

¹⁷ aur jab ki tum, he pita, kah kar us se praarthna karate ho, jo bina pakshapat har aek ke kam ke anusar nyay karata haai, to apane paradshaee hone ka samay bhy se bitao.

¹⁸ kyonaki tum janate ho, ki tumhara nikamma chala-chalan jo bapadadon se chala ata haai us se tumhara chhuttakra chandee sone arthata nashaman vastuon ke dara naheen hua.

¹⁹ par nirdosh aur nishkalank memne arthata maseeh ke bahumooly lohoo ke dara hua.

²⁰ usaka gyaan to jagat kee utpati ke pahile hee se jana gaya tha, par ab is aantaim yug men tumhare liye pragatt hua.

²¹ jo usake dara us parameshvar par vishvas karate ho, jis ne use mare huon men se jilaya, aur mahima dee ki tumhara vishvas aur asha parameshvar par ho.

²² so jab ki tum ne bhaichare kee nishkapatt praeeti ke nimitt saty ke manane se apane manon ko pavitra kiya haai, to tan man lagakar aek doosare se aadhaik praem rakho.

²³ kyonaki tum ne nashaman naheen par aavinashae beej se parameshvar ke jeevate aur sada ttharanevale vachan ke dara naya janm paya haai.

²⁴ kyonaki har aek praanee ghaas kee nain haai, aur us kee saree shaebha ghaas ke fool kee nain haai: ghaas sookh jatee haai, aur fool jhd jata haai.

²⁵ parantu prabhu ka vachan yuganuyug sthiar rahega: aur yah hee susamachar ka vachan haai jo tumhen sunaya gaya tha..

ADHYĀYA 2

Isaliye sab prakar ka baairabhav aur chhl aur kapatt aur dah aur badanamee ko door karake.

² naye janmen huae bachchon kee nai nirmal aatmaik doodha kee lalasa karo, taaki usake dara uddhar pane ke liye baddhte jao.

³ yaadi tum ne prabhu kee krpa ka svad chakh liya haai.

⁴ usake pas akar, jise manushyon ne to nikamma ttharaya, parantu parameshvar ke nikatt chuna hua, aur bahumooly jeevata patthr haai.

⁵ tum bhee ap jeevate patthron kee nai aatmaik ghar banate jate ho, jis se yajakon ka pavitra samaj banakar, aeese atmaik balidan chaddhao, jo yeeshu maseeh ke dara parameshvar ko graa ho.

⁶ is karan pavitra shaasr men bhee aya haai, ki dekho, maain siyyon men kone ke sire ka chuna hua aur bahumooly patthr dharata hoon: aur jo koi us par vishvas karega, vah kisee reeati se lajjait naheen hoga.

⁷ so tumhare liye jo vishvas karate ho, vah to bahumooly haai, par jo vishvas naheen karate un ke liye jis patthr ko rajaamisreeyon ne nikamma ttharaya tha, vahee kone ka sira ho gaya.

⁸ aur ttes lagane ka patthr aur ttohar khane kee chattan ho gaya haai: kyonki ve to vachan ko n manakar ttohar khate haain aur isee ke liye ve ttharaae bhee gaae the.

⁹ par tum aek chuna hua vansha, aur raja-padadhaaree, yajakon ka samaj, aur pavitra log, aur parameshvar kee nij praja ho, isaliye ki jis ne tumhen andhakar men se apanee adabhut jyoti men bulaya haai, usake gun pragatt karo.

- ¹⁰ tum paahile to kuchh bhee naheen the, par ab parameshvar hee praja ho: tum par daya naheen hui thee par ab tum par daya hui haai..
- ¹¹ he piryon maain tum se binatee karata hoo, ki tum apane ap ko paradeshaee aur yatraee janakar us sansarik abhailashaaon se jo atma se yuddh karatee haai, bache raho.
- ¹² anyajatiyon men tumhara chalachalan bhla ho isaaliye ki jin jin baton men ve tumhen kukarmee janakar badanam karate haai, ve tumhare bhle kamon ko dekhkara unheen ke karan krapa drashti ke din parameshvar kee mahima karen..
- ¹³ prabhu ke liye manushyon ke ttharaae huae har aek prabandha ke adhaeen men raho, raja ke isaliye ki vah sab par pradhaan haai.
- ¹⁴ aur haakimon ke, kyonaki ve kukaarmiyon ko dand dene aur sukarmiyon kee prashansa ke liye usake bheje huae haain.
- ¹⁵ kyonaki parameshvar kee ichchha yah haai, ki tum bhle kam karane se nirbuaddh ilogon kee agyaanata kee baton ko band kar do.
- ¹⁶ aur apane ap ko svatantra jano par apanee is svatantrata ko burai ke liye ad n banao, parantu apane ap ko parameshvar ke das samajhkar chalo.
- ¹⁷ sab ka adar karo, bhaiyon se praem rakho, parameshvar se dro, raja ka samman karo..
- ¹⁸ he sevako, har prakar ke bhy ke sath apane svamiyon ke adhaeen raho, n keval bhlon aur namraen ke, par kuattlaien ke bhee.
- ¹⁹ kyonaki yadi koi parameshvar ka vichar karake anyay se dukh uttata hua klesh sahata haai, to yah suhavana haai.
- ²⁰ kyonaki yadi tum ne aparadha karake ghoose khaae aur dhaeeraj dhara, to us men kya badai kee bat haai? par yadi bhla kam karake dukh uttate ho aur dhaeeraj dharate ho, to yah parameshvar ko bhata haai.
- ²¹ aur tum isee ke liye bulaae bhee gaae ho kyonaki maseeh bhee tumhare liye dukh uttakar, tumhen aek adarsha de gaya haai, ki tum bhee usake chinch par chalo.
- ²² n to us ne pap kiya, aur n usake munh se chhl kee koi bat nikalee.
- ²³ vah galee sunakar galee naheen deta tha, aur dukh uttakar kisee ko bhee dhamakee naheen deta tha, par apane ap ko sachche nyayee ke hath men saupata tha.
- ²⁴ vah ap hee hamare papon ko apanee deh par liae huae kroos par chaddh gaya jis se ham papon ke liye mar karake dhaarmikata ke liye jeevan bitaaen: usee ke mar khane se tum change hue.
- ²⁵ kyonaki tum pahile bhthkee hui bhedon kee nain the, par ab apane praanon ke rakhvale aur adhyaksha ke pas fir a gaae ho.

ADHYĀYA 3

he paatnaiyo, tum bhee apane pati ke adhaeen raho.

- ² isaliye ki yadi in men se koi aeese ho jo vachan ko n manate ho, taubhee tumhare bhy sahit pavitra chalachalan ko dekhkar bina vachan ke apanee apanee patnee ke chalachalan ke dara khainch jaaen.
- ³ aur tumhara singar, dikhavatee n ho, arthata bal goonthne, aur sone ke gahane, ya bhanti bhanati ke kapade paahinana.
- ⁴ baran tumhara chhpai hua aur gupt manushyatv, namrata aur man kee deenata kee aavinashae sajavatt se susaajjait rahe, kyonaki parameshvar kee drashti men isaka mooly bada haai.
- ⁵ aur poorvakal men pavitra striayan bhee, jo parameshvar par asha rakhtee thee, apane

ap ko isee reeati se sanvaratee aur apane apane pati ke adhaeen rahatee theen.

⁶ jaaise sara ibraaheem kee agyaa men rahatee aur use svamee kahatee thee: so tum bhee yaadi bhlai karo, aur kisee prakar ke bhy se bhyabheet n ho to us kee benttyaian ttharogee..

⁷ vaaise hee he paatiyo, tum bhee buddhmaianee se patnaiyon ke sath jeevan nirvah karo aur sree ko nirbal patra janakar usaka adar karo, yah samajhkar ki ham donon jeevan ke varadan ke varis haai, jis se tumharee praarthnaaen rook n jaaen..

⁸ nidan, sab ke sab aek man aur krapamay aur bhaichare kee praeeti rakhnevale, aur karoonamay, aur namra bano.

⁹ burai ke badale burai mat karo aur n galee ke badale galee do par is ke vipareet ashaeesh hee do: kyonaki tum ashaeesh ke vaaris hone ke liye bulaae gaae ho.

¹⁰ kyonaki jo koi jeevan kee ichchha rakhta haai, aur achchhe din dekhna chahata haai, vah apanee jeebh ko burai se, aur apane hontton ko chhl kee baten karane se roke rahe.

¹¹ vah burai ka sath chhode, aur bhlai kee kare vah mel milap ko ddoonddhe, aur us ke yatn men rahe.

¹² kyonaki prabhu kee ankhe dhaarmiyon par lagee rahatee haai, aur usake kan us kee binatee kee or lage rahate haai, parantu prabhu burai karanevalon ke vimukh rahata haai..

¹³ aur yaadi tum bhlai karane men uttejait raho to tumharee burai karanevala fir kaun haai?

¹⁴ aur yaadi tum dharma ke karan dukh bhee uttao, to dhany ho par un ke drane se mat dro, aur n ghabarao.

¹⁵ par maseeh ko prabhu janakar apane apane man men paavitra samajho, aur jo koi tum se tumharee asha ke vishay men kuchh poochhe, to use uttr dene ke liye sarvada taaiyar raho, par namrata aur bhy ke sath.

¹⁶ aur vivek bhee shuuddh rakho, isaliye ki jin baton ke vishay men ve jo tumhare maseehee achchhe chalachalan ka apaman karate haain lajjait hon.

¹⁷ kyonaki yadi parameshvar kee yahee ichchha ho, ki tum bhlai karane ke karan dukh uttao, to yah burai karane ke karan dukh uttane se uttm haai.

¹⁸ isaliye ki maseeh ne bhee, arthata adharmiyon ke liye dharmee ne papon ke karan aek bar dukh uttaya, taki hamen parameshvar ke pas pahunchaae: vah shareer ke bhav se to ghaat kiya gaya, par atma ke bhav se jilaya gaya.

¹⁹ usee men us ne jakar kaaidee atmaon ko bhee prachar kiya.

²⁰ jinhon ne us beete samay men agyaa n mana jab parameshvar nooh ke dinon men dhaeeraj dharakar tthara raha, aur vah jahaj ban raha tha, jis men baaittkar thode log arthata att praanee panee ke dara bach gaae.

²¹ aur usee panee ka drashtant bhee, arthata bapaatisma, yeeshu maseeh ke jee uttne ke dara, ab tumhen bachata haai us se shareer ke maail ko door karane ka arth naheen haai, parantu shuuddh vivek se parameshvar ke vash men ho jane ka arth haai .

²² vah svarga par jakar parameshvar ke dahinee or baaitt gaya aur svargadoot aur aadhaikaree aur samarthee usake adhaeen kiae gaae haain..

ADHYĀYA 4

So jab ki maseeh ne shareer men hokar dukh uttaya to tum bhee us hee manasa ko dhaaran karake haathaiyar bandha lo kyonaki jis shareer men dukh uttaya, vah pap se choott gaya.

- ² taaki bhvishy men apana shosh shaareerik jeevan manushyon ke abhailashaaon ke anusar naheen baran parameshvar ke ichchha ke anusar vyateet karo.
- ³ kyonaki anyajaatiyon ke ichchha ke anusar kam karane, aur luchapan ke buree abhailashaaon, matavalapan, leelakreeda, piyakkadpan, aur gharaanait mootiapooja men jahan tak ham ne paahile se samay ganvaya, vahee bahut hua.
- ⁴ is se ve achambha karate haai, ki tum aeese bharee luchapan men un ka sath naheen dete, aur isaaliye ve bura bhla kahate haain.
- ⁵ par ve us ko jo jeevaton aur mare huon ka nyay karane ko taaiyar haai, lekha denge.
- ⁶ kyonaki mare huon ko bhee susamachar isee liye sunaya gaya, ki shareer men to manushyon ke anusar un ka nyay ho, par atma men ve parameshvar ke anusar jeeavit rahen..
- ⁷ sab baton ka ant turant honevala haai isaliye sanyamee hokar praarthna ke liye sachet raho.
- ⁸ aur sab men shraesht bat yah haai ki aek doosare se aadhaik praem rakho kyonki praem anek papon ko ddhap deta haai.
- ⁹ bina kudkudaae aek doosare ke pahunai karo.
- ¹⁰ jis ko jo varadan mila haai, vah use parameshvar ke nana prakar ke anugrah ke bhle bhndariyon ke nai aek doosare ke seva men lagaae.
- ¹¹ yaadi koi bole, to aeese bole, manon parameshvar ka vachan haai yaadi koi seva kare to us shaaktai se kare jo parameshvar deta haai jis se sab baton me yeeshu maseeh ke dara, parameshvar ke mahima pragatt ho: mahima aur samraajy yuganuyug usee ke haai. ameen..
- ¹² he piryo, jo dukh roopee aagnai tumhare parakhne ke liye tum men bhdkee haai, is se yah samajhkar achambha n karo ki koi anokhee bat tum par beet rahee haai.
- ¹³ par jaaise jaaise maseeh ke dukhon men sahabhagee hote ho, anand karo, jis se usakee mahima ke pragatt hote samay bhee tum anaandait aur magan ho.
- ¹⁴ fir yadi maseeh ke nam ke liye tumharee ninda kee jatee haai, to dhany ho kyonaki mahima ka atma, jo parameshvar ka atma haai, tum par chhaya karata haai.
- ¹⁵ tum men se koi vyaaktai hatyara ya chor, ya kukarmee hone, ya paraae kam men hath dalane ke karan dukh n paae.
- ¹⁶ par yaadi maseeh hone ke karan dukh paa, to lajjait n ho, par is bat ke liye parameshvar ke maahima kare.
- ¹⁷ kyonaki vah samay a pahuncha haai, ki pahile parameshvar ke logon ka nyay kiya jaa, aur jab ki nyay ka arambh ham hee se hoga to un ka kya ant hoga jo parameshvar ke susamachar ko naheen manate?
- ¹⁸ aur yaadi dharmee vyaktai hee kattnaita se uddhar paaega, to bhaktaiheen aur papee ka kya tkaiana?
- ¹⁹ isaliye jo parameshvar ke ichchha ke anusar dukh uttate haai, ve bhlai karate hua, apane apane praan ko vishvasayogy srajanahar ke hath men saunp den..

ADHYĀYA 5

tum men jo praacheen haai, maain un kee nain praacheen aur maseeh ke dukhon ka gavah aur pragatt honevalee maahima men sahabhagee hokar unhen yah samajhata hoon.

- ² ki parameshvar ke us jhund kee, jo tumhare beech men haain rakhvalee karo aur yah

dabav se nahee, parantu parameshvar kee ichchha ke anusar anand se, aur neecha-kamai ke liye nahee, par man laga kara.

³ aur jo log tumhen saunpe gaae haai, un par adhaikar n jatao, baran jhund ke liye adarsha bano.

⁴ aur jab pradhaan rakhvala pragatt hoga, to tumhen mahima ka mukutt diya jaaega, jo murajhane ko naheen.

⁵ he navayuvako, tum bhee praacheenon ke adhaeen raho, baran tum sab ke sab aek doosare kee seva ke liye deenata se kamar bandho raho, kyonaki parameshvar abhaimaaniyon ka samhana karata haai, parantu deenon par anugrah karata haai.

⁶ isaliye parameshvar ke balavant hath ke neeche deenata se raho, jis se vah tumhen uchit samay par baddhaae.

⁷ aur apanee saree chinta usee par dal do, kyonaki us ko tumhara dhyan haai.

⁸ sachet ho, aur jagate raho, kyonaki tumhara virodhaee shautan garjanevale sinh kee nai is khoj men rahata haai, ki kis ko faad khaae.

⁹ vishvas men draddh hokar, aur yah janakar usaka samhana karo, ki tumhare bhai jo sansar men haai, aeese hee dukh bhugat rahe haain.

¹⁰ ab parameshvar jo sare anugrah ka data haai, jis ne tumhen maseeh men apanee anant maahima ke liye bulaya, tumhare thodee der tak dukh uttane ke bad ap hee tumhen siddh aur sthiar aur balavant karega.

¹¹ usee ka samraajy yuganuyug rahe. ameen..

¹² maain ne silavanus ke hat, jis maain vishvasayogy bhai samajhta hoo, sankshop men likhkar tumhen samajhaya haai aur yah gavahee dee haai ki parameshvar ka sachcha anugrah yahee haai, isee men sthiar raho.

¹³ jo babul men tumharee nain chune huae log haai, vah aur mera putra marakus tumhen namaskar kahate haain.

¹⁴ praem se chumban le lekar aek doosare ko namaskar karo.. tum sab ko jo maseeh men ho shaaantai milatee rahe..

For other languages please go to www.wordproject.org